



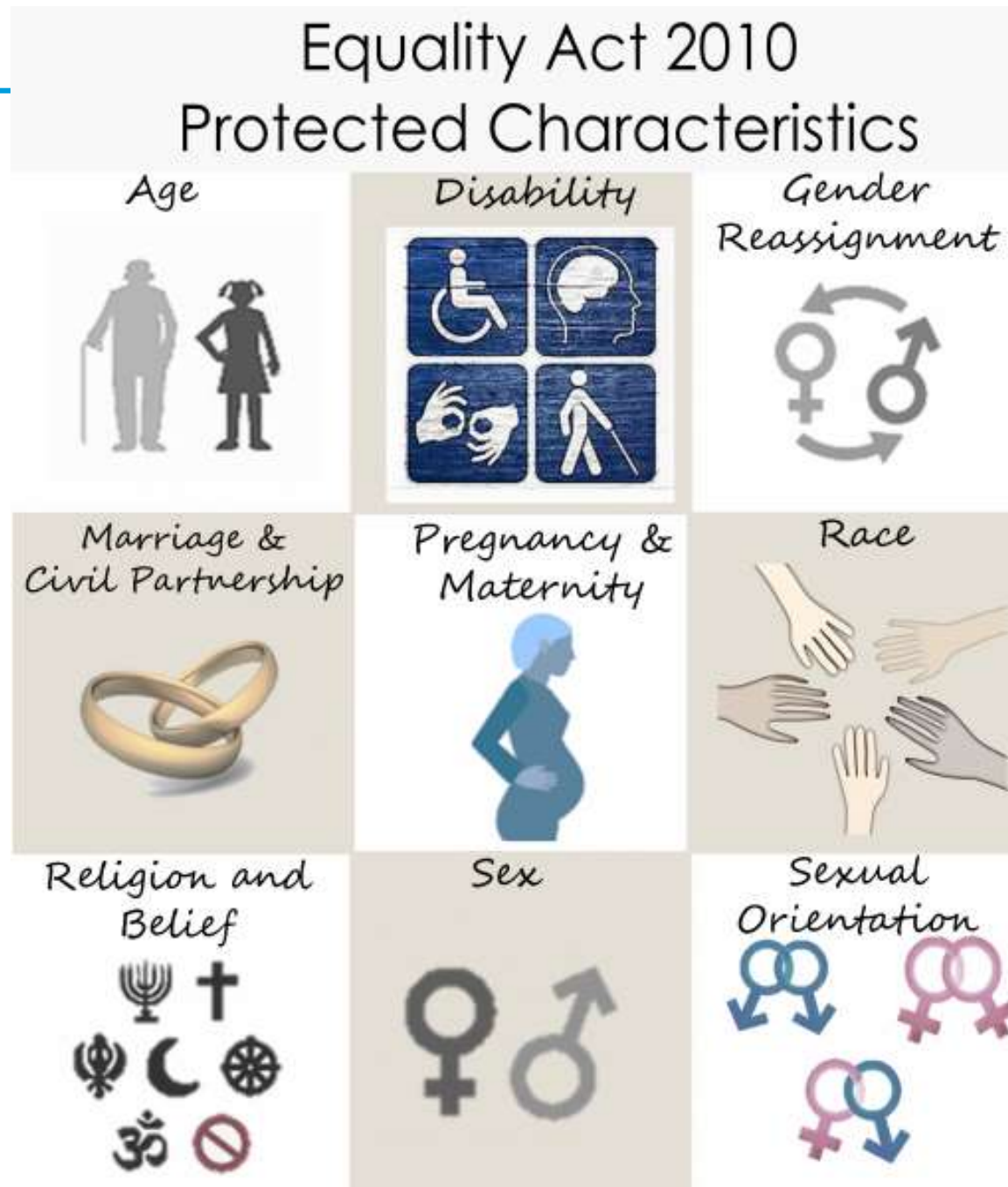
Introduction to contraception

LO: Lesson 6

Group Agreement

Protected Characteristics?

Protected characteristics are aspects of a person's identity that are protected under the **Equality Act 2010**. This law makes it illegal to discriminate against someone based on these characteristics, helping to promote a fairer and more equal society.



[illegible][illegible]

At UALS we continually promote the values that underpin SMSC. These values form the foundations on which the RSHE curriculum has been designed and in the ways we teach and learn.

The concept of SMSC will be used to promote and develop our pupils understanding of British Values throughout their RSHE Learning Journey.

British Values in RSHE



TOLERANCE & PEACE

WE LEARN ABOUT TOLERANCE AND RESPECT FOR PEOPLE OF DIFFERENT RELIGIONS AND CULTURAL BACKGROUNDS SO WE CAN BE AT PEACE IN OUR COMMUNITY.

MUTUAL RESPECT

WE DISCUSS AND APPRECIATE THE DIFFERENCES BETWEEN PEOPLE, FAITH, ETHNICITY, GENDER, SEXUALITY AND DISABILITY.

INDIVIDUAL LIBERTY

WE PROVIDE OPPORTUNITIES TO DEVELOP SELF-ESTEEM AND CONFIDENCE AS INDIVIDUALS ACROSS THE CURRICULUM.

DEMOCRACY

WE LEARN ABOUT THE IMPORTANCE OF FREEDOM OF SPEECH AND HOW OUR MEMBERS OF PARLIAMENT AND LOCAL POLITICIANS REPRESENT US AND OUR VIEWS ACROSS THE COUNTRY AND WORLD.

TRUTH AND JUSTICE

WE HAVE AGREED RULES AND EXPECTATIONS SO THAT OUR SCHOOL IS A SAFE AND HAPPY PLACE FOR ALL AND WHERE DIFFERENCES ARE RECONCILED PEACEFULLY.



Last lesson	5	Consent – Avoiding Assumptions	To evaluate common assumptions related to consent and how to challenge these
This lesson	6	Introduction to Contraception	how and why different contraceptives are used
Next Lesson			New Unit

Image response

Complete the grid in as much detail as you can, based on your current knowledge and understanding.



Further information matching

Can you match the description cards to the correct image?



Condoms: Made of very thin latex and used to cover the penis during sexual intercourse. It stops pregnancy by catching the sperm and stopping it from meeting the egg.

Contraceptive pill: A small tablet taken once a day by a female to prevent pregnancy. It works by stopping the body from releasing an egg each month. It can also reduce heavy periods.



Contraceptive injection: This is given to a female by a doctor or nurse once every 3 months. It stops an egg being produced each month. It also makes it harder for sperm to enter the uterus.

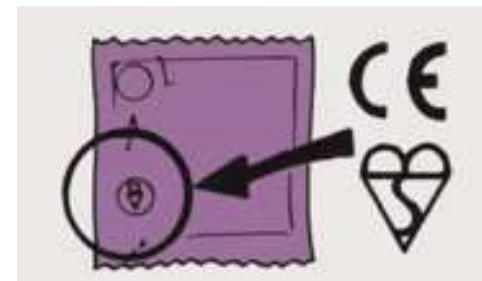
Female condoms (Femidom): Made from soft, thin polyurethane. They are worn inside the vagina. A thin, rubbery band at the end is squeezed and inserted into the vagina. It prevents pregnancy by stopping the sperm from entering the uterus.



Condom demonstration



Complete the text boxes on the diagram to show the steps to using a condom safely.

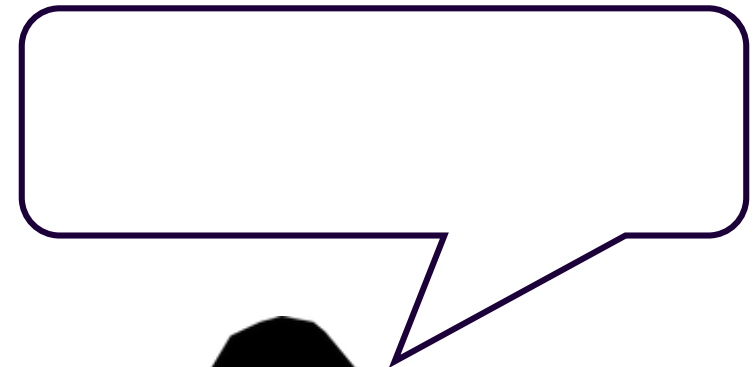


Talking heads



Read the quotes and make a list of:

- 3 things that you have learnt
- 2 things that you want to know more about
- 1 thing you already knew



Signposting support: accessing contraception



GPs and sexual health clinics provide a wide range of contraceptives, but condoms are also available in shops and pharmacies. Condoms may also be available in dispensers in some public toilets.

Certain types of contraceptive pill are available in some pharmacies and online pharmacies.

Signposting support



If you would like further guidance or support:

- speak to a parent/carer, tutor, head of year, school nurse/counsellor or other trusted member of staff in the school
- GP or a sexual health clinic

Visit:

- A Better Medway: www.abettermedway.co.uk
- Medway Contraception and Sexual Health Clinics: www.cloverstreet.nhs.uk
0300 790 0245
- Brook: www.brook.org.uk/help-advice
- Childline: www.childline.org.uk 0800 1111
- Get It: www.getit.org.uk

Assessing progress

Write a postcard for someone who needs advice about using contraception. Focus on five top tips to ensure contraception is accessed and used properly.



You could consider:

What should a person think about before they choose a method of contraception?

Why is it important to use contraception correctly?

Where can a person access contraception and find more information and advice?

More activities

FAQs list

Create a list of frequently asked questions about condoms and/or the contraceptive pill. Present your list in a Question and Answers leaflet format.

