UNIVERSITY ACADEMY LONG SUTTON





ACADEMY TRUST

September 2025 19.09.2025 / Issue 3

WEEKLY BULLETIN



UNIVERSITY ACADEMY LONG SUTTON

UNIVERSITY ACADEMY LONG SUTTON

84 Little London, Long Sutton, Spalding. Lincolnshire, PE12 9LF 01406 362 120 / enquiries@uals.org.uk

THIS ISSUE

Year 11 Progress Tests

Lockers Available from next Tuesday

Line Up Process Mornings

Social Media Agreement Consent Form 2025 - 2026

UALS Clubs & Extra Curricular

Principal's Weekly Update

Dear Parents and Carers

As we reach the end of another productive week at UALS, I would like to share some important updates and reminders for the coming week:

Year 11 Progress Tests

Next week, Year 11 pupils will begin their Progress Tests. These assessments allow pupils to demonstrate their understanding across key subjects and help teachers identify areas for additional support. We encourage pupils to prepare well and approach the tests with confidence.

Lockers Available from Tuesday

Lockers will be available for purchase from next Tuesday via ParentPay. Lockers are available for pupils in Years 7 to 11, with Year 11 using the new style lockers. Full details, including costs, sharing options and how to provide a padlock, can be found in this week's bulletin. Lockers are limited and will be allocated on a first-come, first-served basis, so we encourage pupils to secure theirs early.

Morning Line-Up Routine

Starting on Monday, we are introducing a new line-up procedure to ensure a calm and structured start to each school day. Pupils are expected to line up on the yard in their tutor groups at 8:45am, where their form tutor will greet them, share important notices, reinforce school expectations, check uniform and appearance and provide a positive start to the day.

Social Media Consent Form 2025-2026

In line with our Academy policy, we ask parents/carers of pupils in Years 8 to 11 to complete the Social Media Agreement Consent Form for this academic year. This consent allows the Academy to share images and videos of pupils on our social media platforms and our school website, while ensuring that all usage is appropriate and safe. The Google Form link can be found in this bulletin. Parents/carers of Year 7 pupils already completed this consent during the admissions process.

UALS Clubs & Extra-Curricular Activities

We are delighted to offer range of clubs and extra-curricular activities each week, including sports, arts, STEM, and wellbeing sessions. These opportunities allow pupils to explore new interests, develop skills and make new friends. We encourage all pupils to take part and get involved in activities that inspire and engage them.

Thank you for your continued support in helping us provide a positive, safe, and engaging learning environment for all pupils.

Yours faithfully



Mr L Davé **Principal**

UPCOMING KEY DATES

W/C 22nd September
Year 11 Progress Tests

24th September
Year 10 Engineering trip to
Gutteridge Engineering in
Spalding invite only.

25th September
Year 5/6 Open Evening

26th September CWA Year 11 Assembly

8th October
Whole School Photo Day

14th October
Year 5/6 Mixed Football
Competition UALS



@UALS

If you have any specific questions or queries, please email

enquiries@uals.org.uk

UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

MONDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Drama Club with Miss Sharples @ Lunchtime - Main Hall Year 11 Geography Club @ Lunchtime - HU2 and HU3 Badminton Club all year groups with Mrs Leeper @ Lunchtime - Leisure Centre

English Intervention for Year 11 - Afterschool

TUESDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

KS4 Statistics Revision with Mrs Buckle @ Lunchtime - Maths Dept
Years 7/8 Science Club with Mrs Stone @ Lunchtime - LAB5
KS4 Geography Homework Club @ Lunchtime - HU2 and HU3
Years 8/9 Translation Bee Club @ Lunchtime - FR1
Year 11 Art Intervention @ Lunchtime - ART
KS4 Netball Club with Mrs Green @ Lunchtime - Sports Hall

Science Intervention for Year 11 - Afterschool Years 7/8 Netball Club with Mrs Frost - Afterschool

UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

WEDNESDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Careers Drop in with Mrs Gilman @ Lunchtime - Library
UNO Club all year groups with Mrs Swain @ Lunchtime - HU1
Musical Singing Club all year groups with Mrs English @ Lunchtime - Music
Year 9 Language Leaders Club @ Lunchtime - FR2
KS4 NEA/DT Club with Miss Pickworth/Mrs Moate @ Lunchtime - DT1
Year 1 Art Intervention @ Lunchtime - ART
Basketball Club all year groups with Mr Stewart @ Lunchtime - Leisure Centre

Maths Intervention for Year 11 - Afterschool

THURSDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Chess Club all year groups with Mrs Cotton @ Lunchtime - Library

KS4 French Clinic @ Lunchtime - FR2

KS3 Lego Club with Mr Edwards/Miss Pickworth @ Lunchtime - DT1
Year 7 Puzzle Club with Mrs Harper @ Lunchtime - LAB3

History Intervention for Year 11 - Afterschool

UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

FRIDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

KS4 Football Club with Mr Smith @ Lunchtime - Leisure Centre

KS3 Maths Club with Miss Thompson - MA3

Lego Builders with Miss Pelka - HU3

Art Intervention for Year 11 - Afterschool

We are proud to offer a wide range of clubs and extra-curricular activities for all pupils, designed to support their interests, develop new skills, and help them reach their full potential. From sports and creative arts to academic support and special interest groups, there's something for everyone to enjoy.

Lockers will be available to purchase from 23.09.2025

Lockers will be available from next Tuesday for pupils in Year 7 to Year 10 at a cost of £8 for the year. As lockers are limited, they will be allocated on a first come, first served basis. Pupils may share a locker with a sibling (from any year group) or a friend in their own year group. Pupils will need to provide their own padlock and are advised to keep a spare key at home in case it is lost. If a lock needs to be cut off, a replacement padlock will be required. New style lockers will also be available for Year 11 pupils at a cost of £10, with £5 refunded at the end of the year when the key is returned to Pupil Reception. Payment should be made via ParentPay, and the reply slip returned to Pupil Reception. If you have any questions or concerns, please contact us via email enquiries@uals.org.uk

Our Arrival and Line Up
Please note an important letter has been emailed home today providing in emailed home today providing important information about a new morning routine we are introducing to support a calm and structured start to the school day for all pupils.

From Monday 22nd September 2025, pupils will be expected to line up in their tutor groups at 8:45am each morning, following the sound of the whistle. This new procedure will help ensure pupils are well-prepared, appropriately presented and ready to engage positively in their learning from the start of the day.

Pupils have been informed about this new routine during tutor time today so they are fully aware of the expectations ahead of its introduction.

We kindly ask for your support in discussing this new routine with your child and reinforcing the importance of punctuality and following expectations.

Thank you for your continued support.

https://universityacademyls.greenhousecms.co.uk/docs/ Letters/ New_Morning_Arrival_Procedure_Starting_on_22_09_2025

.pdf

UALS Social Media Agreement Consent Form 2025 - 2026

Our Facebook Page is Now Live!

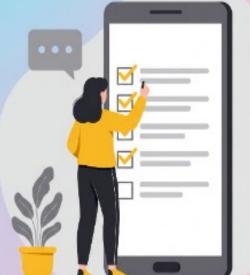
At UALS, we're excited to share our pupils' achievements and activities with the wider community on our new Facebook page.

We may use photos and videos (with no full names) to celebrate their successes.

- In line with Academy Policy, we must have annual permission from parents/carers to use images or videos of pupils on our social media platforms and school website.
- We will only use appropriate images and will never include personal details.

Parents/carers of pupils in Years 8 to 11 are asked to complete the Google Form (link below) to give their annual permission.

(Year 7 parents/carers have already given this permission during the recent admissions process.)



If you have any questions, please contact the Academy.

https://forms.gle/gLwHuEnrDBGqsy6Y8

RE Curriculum 2025 - 2026



Literacy Focus w/c 22.09.2025 Simple Sentences

As part of our whole-school drive on literacy, our focus next week will be on simple sentences. Pupils will be revisiting how to construct clear and accurate sentences using a single main clause. This will help them develop strong foundations for writing, ensuring their ideas are communicated clearly and effectively across all subjects. Staff will be encouraging pupils to use simple sentences confidently



before progressing to more complex sentence structures.

K\$3 Homework Timetables

Autumn Term 1 - Year 7					
15/09/25 22/09/25 29/09/25 06/10/25 13/10/25 20/1				20/10/25	
English	English	English	English	English	English
Maths	Maths	Maths	Maths	Maths	Maths
Science	Science	Science	Science	Science	Science

Autumn Term 1 - Year 8						
15/09/25	22/09/25	29/09/25	06/10/25	13/10/25	20/10/25	
English	English	English	English	English	English	
Maths	Maths	Maths	Maths	Maths	Maths	
Science	Science	Science	Science	Science	Science	
French	Music	Art	French	Music	Art	
Geography	DT	History	Geography	DT	History	

Autumn Term 1 - Year 9						
15/09/25	22/09/25	29/09/25	06/10/25	13/10/25	20/10/25	
English	English	English	English	English	English	
Maths	Maths	Maths	Maths	Maths	Maths	
Science	Science	Science	Science	Science	Science	
French	Music	Art	French	Music	Art	
Geography	DT	History	Geography	DT	History	

ACTIVATE YOUR IMMUNITY - IT

ONLY TAKES

TWO

MINUTES

Wednesday
15th October
2025

All children secondary school years 7, 8, 9, 10 and 11 are being offered an annual flu vaccination as part of a government programme to extend flu immunisation to children.

Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

Don't forget to return your consent form to the Lincolnshire Community Health Services:

https://www.lincolnshireimmunisations.co.uk/Forms/Flu

Year 5/6 Open Evening

University Academy Long Sutton is thrilled to announce its Open Evening, taking place on Thursday, 25th September. This event promises to be a fantastic opportunity for prospective students and their families to explore our vibrant learning community and gain insight into the exciting educational experiences we provide.

We look forward to a really exciting evening, welcoming new families to our school. Attendees will have the unique chance to witness our new state-of-the-art building as it takes shape, offering a glimpse into the innovative facilities that will soon be available to our students. Our dedicated staff will be on hand to share information about our curriculum, extracurricular activities, and the supportive environment we maintain to nurture every learner.

Please note, due to ongoing construction works, parking will be limited. We kindly ask that visitors consider alternative arrangements when planning for the evening, such as carpooling or walking, to ensure a smooth and enjoyable experience for all.

Join us for an engaging and informative evening where you can meet our inspiring teachers and fellow families. We are excited to showcase the bright future at University Academy Long Sutton and hope to see many of you there. Together, let us embark on an educational journey filled with possibilities!



Tel: 01406 362 120 enquiries@uals.org.uk 84 Little London, Long Sutton, Spalding, Lincolnshire, PE12 9LF



School Rebuilding Programme

We are thrilled to share the exciting news that the much-anticipated building works for our school have now officially started and are progressing with remarkable speed!

This marks an incredible step forward for our community, as we work towards creating enhanced facilities that will benefit our pupils, staff and families for years to come.

Below is the link to our Facebook page. Here, you will be able to see a short video of how our new building is developing.

https://www.facebook.com/profile.php?id=61574125806882







School Rebuilding Programme (this week's photos)







Lunch Menu w/c 22nd September

Slow-Release Energy Foods



















V - Vegetarian VE - Vegan

				v vegen	man ve vegan
-	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Roasted Cauliflower Cheese Tart with Homebaked Potato Wedges	Beak Street Chicken with Savoury Rice & BBQ Glaze (Plus Halal Option)	Greek Style Layered Beef & Pasta Bake (Plus Halal Option) Roast Chicken with	Butter Chicken & Chickpea Curry with Rice (Plus Halal Option)	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips
			Gravy & Roast Po- tatoes		
MEAT FREE	Vegetable Bolognese Pasta with Garlic Bread Slice	Brazilian Vegetable Stew with Savoury Rice (Ve)	Greek Style Vege- table Pastitsio (Layered Pasta Bake)	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)	Cheese & Tomato Pizza & Wedges/ Chips
ĞRAB & GO-	Vegetable Cheese- burger (V)	Cheese & Tomato Pizza	Halal Chicken Sausage Roll	BBQ Veggie Melt (V)	Pepperoni Pizza **********************************
PMT 'N' TASTY	Vegetable Tikka Masala with Mixed Rice	Pesto & Penne Pasta ্ৰাৰ্কু	Oriental Chicken & Rice	Tomato & Basil Pasta Pot (Ve)	Beef Bolognese Pasta Pot
SIDES → (())	Broccoli, Baked Beans , Mixed Salad, Crisp Garlic Bread	Baked Beans , Garden Salad, Roasted Sweetcorn, Wedges	Italian Garden Sal- ad, Country Mixed Veg- etables	Baked Beans ********* Steamed Broccoli	Peas, Baked Beans Whixed Salad
T# DAY'S DESSERTS	Jam Sponge	Marble Chocolate Sponge with Cus- tard	Lemon Drizzle Cake	Iced Orange & Ginger Traybake with Custard	Giant Vanilla Cookie

Breakfast and Break time menus can be viewed on our website - https://www.uals.org.uk/Parents/Canteen-Menu/

Z S

MR S GILMAN VICE PRINCIPAL

DESIGNATED SAFEGUARDING LEAD

WWW.UALS.ORG.UK

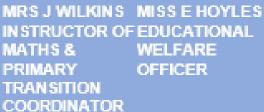
MRS S KING MENTAL HEALTH, PUPIL AND FAMILY SUPPORT COORDINATOR

WWW.UALS.ORG.UK

DEPUTY SAFEGUARDING LEAD

SAFEGUARDING OFFICERS











IF YOU HAVE ANY CONCERNS REGARDING CHILD PROTECTION OR SAFEGUARDING, PLEASE SPEAK TO A MEMBER OF THE SAFEGUARDING TEAM

What Parents & Educators Need to Know about



WHAT ARE THE RISKS?

With over 900 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and Al-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

SCREEN ADDICTION



SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new tier called Lens+, giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse - so sexting

Advice for Parents & Educators

ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

SE IN R. II HE WE BEEN ALL

BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel images, the child can tap the three dots on that person's profile to report or block them There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images, or 'nudes'.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' or the platform can have harmful consequences.

USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and explore Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.





National College®

Source: See full reference list on guide page at: https://nationalcollege.com/guides/snapchat





/wuw.thenationalcollege



(a) @wake.up.wednesday



Introducing





Please contact
enquiries@uals.org.uk
if you need support
with login details



View your child's homework and lesson notes



View your child's attendance, positives and negatives points









Reporting Absence - Studybugs App

UALS uses the Studybugs App for reporting pupil absences. It's free to use – simply download the app and sign up. The app provides NHS-backed health advice if your child is unwell and also sends attendance-related updates.

If you haven't yet registered, please use the link below to download and sign up as soon as possible.

https://studybugs.com/about/parents

We've also included a link to the UALS Attendance Policy, which outlines our expectations around attendance, term-time holidays and the Penalty Notice process.

https://www.uals.org.uk/Policies/#gswModal7



A better, safer way to report when your child is sick and off school.



Girls Rugby Wisbech rugby club

For girls in school **Years 6-7-8**



Thursday 4th September @5:45pm Thursday oad Wisbech PE13 180m

Returning and New players welcome Not played before No worries Pop down with a friend And give it a TRY

Contact Nathaniel 07845678169 For more details



Get fit make friends for life

