UNIVERSITY ACADEMY LONG SUTTON





ACADEMY TRUST

October 2025 23.10.2025 / Issue 8

WEEKLY BULLETIN



UNIVERSITY ACADEMY LONG SUTTON

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THIS ISSUE

Year 11 Made Training

Study Skills and Revision
Training for Parents/Carers by

Tower of London Trip
Prom Fundraising Update
Pupil Achievement!

Principal's Weekly Update

Dear Parents, Carers and Pupils

As we conclude a successful Autumn Term 1, I would like to congratulate all pupils on their excellent return to school, especially our new Year 7s who have embraced secondary life with enthusiasm.

Thank you to everyone who attended our Open Evening—now thriving with over 220 families for the third year running. Your support continues to strengthen our school community.

We have been particularly impressed with the improved standard of uniform this term—well done to all pupils for taking pride in their appearance. However, we have recently noticed an increase in pupils wearing facial piercings. After half term, members of staff will be addressing this more consistently to ensure we are adhering to the school's uniform policy, which has been in force since 1st July 2019.

We are excited about the progress of our new build, which will greatly enhance our facilities. Thank you for your understanding as we prepare for the upcoming move; further details can be found within the bulletin.

This term, we bid farewell to several valued colleagues: Mrs Buttriss, our Pupil Receptionist; Mr Gooding, our long-serving History teacher and Assistant Learning Coordinator of Year 11, who retires after many years of dedicated service; and Mr Shrosbree, our Site Manager, whose contributions—including the Library, Link Room, and Study Area—have left a lasting legacy. We wish them all the very best.

Following our commitment to providing high-quality teaching, we will implement a revised timetable after half term. While most pupils will retain their current teachers, some adjustments to lesson times may occur. Updated timetables will be available via the ClassCharts App from 3pm on Friday 24 October and form time will be extended by 15 minutes on Monday 3 November to ensure pupils receive printed copies.

I wish all pupils and families a restful and enjoyable half-term break. Thank you for your continued support.

Yours faithfully

Mr L Davé **Principal**

UPCOMING KEY DATES

3rd NovemberStart of Term 2

6th November

Year 7 Parent/Carer Tutor
Evening

11th November

Year 11 Big Push Face to Face 5:30pm

12th November

Careers Fair

13th November

England vs Serbia - Wembley Stadium Football Trip

19th November

Lincolnshire NHS Talent Academy NHS careers day at The Engine Shed Lincoln for Year 10.



@UALS

If you have any specific questions or queries, please email

enquiries@uals.org.uk

Rewards at UALS

At UALS, we believe in the power of positive reinforcement to motivate and inspire our pupils. Rewards play a vital role in celebrating their hard work, effort and achievements, whether academic, personal, or extracurricular.

GOLD SHIELD

(1000+ REWARD POINTS)

SILVER SHIELD

(750—999 REWARD POINTS)

BRONZE SHIELD

(500—749 REWARD POINTS)

GOLD STAR

(300—500 REWARD POINTS)

SILVER STAR

(200-300 REWARD POINTS)

38 pupils have achieved this

457 pupils have

achieved this

BRONZE STAR

100—200 REWARD POINTS)

	Year 7	Year 8	Year 9	Year 10	Year 11
REWARD POINTS 23/10/2025	20,744	18,880	13,510	17,289	13,376
23/10/2025					

	7KT	8RM	9FG	10FS	11SH
REWARD POINTS TOP FORMS	3,724	3,446	3,009	4,459	3,406

Exams Made Easy

On Monday, Year 11 pupils took part in the "Exams Made Easy" sessions delivered by Made Training, ahead of their mock examinations in November. The sessions were fronted by Joe Rowntree, whose engaging and motivational delivery style captured the attention of all pupils.

The focus of the workshops was to help pupils identify their individual learning styles and understand how these can be used to make their revision more effective and personalised. Pupils explored a range of practical strategies designed to help them revise smarter, stay organised, and manage exam stress.

Throughout the day, the atmosphere was lively and interactive, with plenty of opportunities for pupils to reflect on their own approaches to learning.

Overall, the "Exams Made Easy" sessions provided a valuable and timely boost to Year 11 as they begin their final preparations, helping them to approach their studies with greater self-awareness and motivation.



To follow on from these sessions Joe Rowntree also offers a podcast called Anxiety Uncovered which is suitable from Year 7. For further information, please use the links below;

https://open.spotify.com/show/2WnAsou5tUKYrs1nHXnZlZ?si=hRR1xi3-T0ixLha9UmwA9Q or https://podcasts.apple.com/gb/podcast/anxiety-uncovered/ id1828400702

Dyslexia Outreach

Study Skills and Revision Strategies

A free online workshop for secondary-aged students and their families

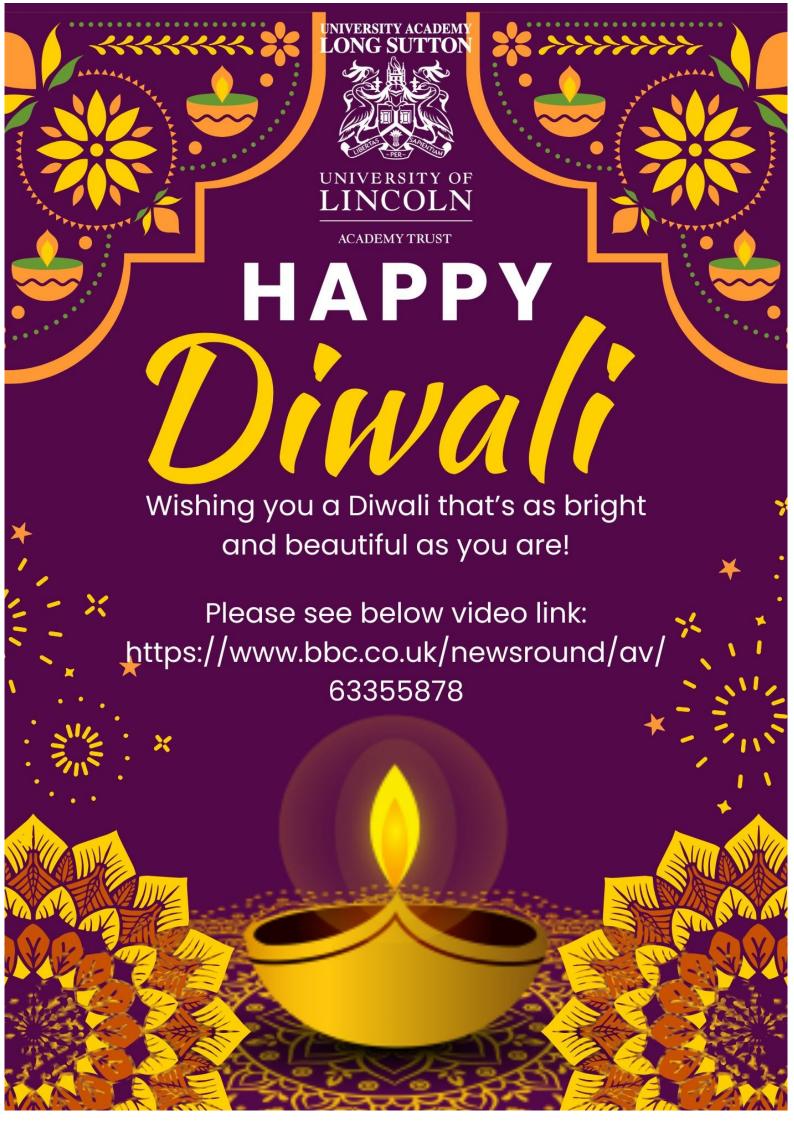


Open to anyone preparing for GCSEs or A-Levels as well as any secondary students, from Year 7 onwards, who would like ideas on how to better retain and organise learning.

> Tuesday 18th November 2025 7:00 – 8:00pm

If your child would like to attend, please email Odette Read, stating your child's name and school: odette.read@lincolnshire.gov.uk





Tower of London Trip

On Wednesday, we took 65 pupils from KS3 on a trip to the Tower of London. The visit provided an excellent opportunity for students to deepen their understanding of British history, particularly the Tudor and medieval periods.

The pupils were well-behaved and engaged throughout the day, asking thoughtful questions and showing genuine interest in the stories and artefacts on display. Staff were impressed by their enthusiasm and positive attitude. Overall, it was a successful and enjoyable trip that enriched pupils' learning beyond the classroom.















What Parents & Educators Need to Know about

FORTNIT

ERESTRICTION

WHAT ARE THE RISKS?

With over 650 million registered users, Fortnite remains one of the most played and discussed online games globally. Known for its vibrant graphics, fast-paced gameplay, and cultural crossovers with everything from music artists to superhero franchises, the game continues to capture the attention of young people. This guide outlines the risks trusted adults need to know about, including game updates, and offers practical safety tips to help address them.

ALWAYS ONLINE

There's no single-player, offline mode in Fortnite; it can only be played online. Internet access can sometimes be an issue when you're out and about, both in terms of connectivity and using up data. You may find that dedicated, young Fortnite players are often less enthusiastic out and holidays – than you might expect.

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IN-GAME COSTS

Fortnite is free to download and play, but it does offer various additional purchase: limited-time cosmetic 'skins', music tracks, LEGO items, and battle passes. Children can feel pressured to spend money on V-Bucks – the in-game currency – to avoid missing out, particularly as exclusive items rotate frequently. Some items may not return to the store for years, while Battle Pass rewards are often "gone when they're gone

VIRTUAL VIOLENCE

There's no avoiding that Fortnite is about shooting other players to eliminate them from the contest. That said, there's no blood or gore. The violence is rendered in a cartoonish style, and there are frequent com touches to lighten the mood, such as mini-games and emotes. Guns and other weapons often look and behave realistically, so discretion is advised. Past seasons have introduced characters and references from mature franchises like The Witcher and Halo

CROSSPLAY AND PARTY CHAT

Fortnite is popular with many gamers of various ages. Crossplay allows friends to play with each other, regardless of whether they're on an Xbox, PlayStation, Nintendo Switch or PC, while the Party Chat feature allows them to talk to each other during the game. This can put youngsters at risk of exposure to strangers, inappropriate language, and cyberbullying.

FREQUENT UPDATES

Seasonal releases introduce new map changes, gameplay mechanics, and cosmetics. Ongoing updates can increase screen time and potential for obsession as children try to unlock rewards before the season ends. These regular renewals help to hold players' interest, but also give young gamers plenty of reasons to keep coming back. Season often change thematically.

POP CULTURE REFERENCES

Part of Fortnite's appeal is its ongoing crossovers with other popular franchises, ranging from films and TV shows like Power Rangers and Avatar: The Last Airbender, to comic book characters including Batman. Othe collaborations with series, artists, and influencers may expose children to music language, or ideas that are more suitable for older audiences.

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Advice for Parents & Educators

DISCUSS SAFE SOCIAL INTERACTION

Talk with children about who they're playing with online. Coordinate play time with the child's friends for socialisation and safety in numbers. Encourage them to avoid private voice chats with strangers and remind them not to share rsonal information. Use real-life examples to explain potential risks, and remind them that if they see something concerning, they should tell a trusted adult.

SET SPENDING LIMITS

Fortnite's rotating store is a not-so-subtle mechanism for coaxing players into buying sought-after items before they disappear for weeks or months.

This could lead to surprise transactions on bank cards if children are tempted into an impulse purchase. Parents could consider getting a prepaid card for the child or ensuring that purchases require adult authorisation. This can be done through parental settings on a console or account settings in the Epic Games app on PC.

ENJOY FORTNITE TOGETHER

Fortnite also offers split-screen gameplay, meaning that two people can play simultaneously on the same console or computer. This can be a good option for siblings or for when a child's friends visit, but it also offers an opportunity for parents to do something fun with their child, while making sure they're playing the game safely. Who knows? You might even teach them a thing or two!

BE WARY OF SCAMS

The immense popularity of Fortnite with younger audiences – that are generally more trusting – means there's no shortage of scammers looking to fraudulently obtain passwords and other personal data through techniques like phishing. As the developers point out on many of Fortnite's loading screens, they *never* ask for a player's account password outside of the game. Make sure any young player knows this.

Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.







National College

% @wake_up_weds



/wuw.thenationalcollege



(a) @wake.up.wednesday



@wake.up.weds

EXCITING NEWS SCHOOL REBUILDING PROGRAMME

Exciting progress is underway on our new school building, with interior walls now taking shape! We're thrilled to announce our official move date: 1st June 2026 — marking a major step toward our vision of a modern learning environment.

To support the move, the school will be closed to all pupils except Year 11 on:

Thursday 21st May, Friday 22nd May, Monday 1st June, and Tuesday 2nd June.

Phased return schedule:

- Wed 3rd June: Year 11 & Year 7
- Thu 4th June: Year 11 & Year 8
- Fri 5th June: Year 11, Year 9 & Year 10
- Mon 8th June: All pupils return

We appreciate your understanding as we prepare for this exciting new chapter. Our priority remains the well-being and success of all pupils — especially our Year 11 learners during exam season.

For further information, please refer to the letter emailed home this week.



Pupil Success Spotlight!



Lilla delivered an outstanding performance at the recent competition, bringing home four medals and a trophy. She earned a bronze medal in the Parent/Child Doubles, a silver medal as part of the Relay Team, and a gold medal in Doubles with her younger brother. In addition, she received a trophy for being the third-fastest female competitor of the entire event.

Lilla also achieved a new personal best time, setting a tournament record — an excellent step forward toward her qualification for the European Championship next spring.

Congratulations to Lilla on her exceptional results and continued dedication!



UNIVERSITY ACADEMY LONG SUTTON



YEAR 11 PROM FUNDRAISING UPDATE

A huge thank you to everyone who supported the 11SH cake sale. Whether you baked, bought, or enjoyed the cakes, your contribution made all the difference. We were truly amazed at how many cakes some people can devour! Thanks to your generosity, we raised an incredible £151.25, which will go towards the Year 11 prom fund. This far exceeded our target and we couldn't be more grateful for your support. Thanks again from all members of 11SH.

On behalf of 11SG may I thank everyone that have supported our darts competition yesterday evening.

In a close final our winners were Rowan and Tyler, with a narrow victory over Mr Davé and Oscar.

Total raised for the event is a total of £231.10 towards the Prom at the end of the academic year.



YEAR 7 TUTOR



Parents' evenings, simplified

EVENING

Thursday 6th November 2025 4:30pm - 7:00pm Online via SchoolCloud

An opportunity for you to meet your child's Form Tutor, hear how they are settling in, and ask any questions about how you can best support them. https://universityacademyls.greenhousecms.co.uk/docs/Letters/Parents_Evening_Year_7_Tutor_Appointments_06_11_2025.pdf





UNIVERSITY ACADEMY LONG SUTTON

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YEAR 11 BIG PUSH EVENING



ACADEMY TRUST

We are excited to announce that the Year 11 Big Push Evening will take place on Tuesday 11th November 2025, from 5:30pm to 7:30pm, held on site in the Main Hall.

This important event is designed to support parents and carers in helping their child prepare for the upcoming GCSE exams.

You will receive valuable information, guidance and practical strategies to support your child in achieving their best possible results.

We strongly encourage all parents and carers of Year 11 pupils to attend. https://universityacademyls.greenhousecms.co.uk/docs/Letters/Year_11_Big_Push_Evening_11_11_2025.pdf







2025

Your Guidance, Their Success – Be Part of the Journey."

We invite all Year 7-11 parents/carers to our careers fair



Wednesday 12th November 2025



From Your Workplace to Their Future – Join Us at the Careers Fair. If you or your company would like a stand at the careers fair please email Jacqui Gilman

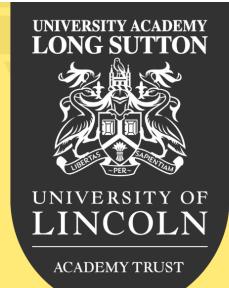
Careers Adviser at gilmanj@uolat.co.uk



University Academy Long Sutton Leisure Centre

ROAD SAFETY REMINDER

We would like to remind all parents and carers to take extra care when dropping off or collecting pupils from school. Please drive slowly and responsibly around the school site and surrounding roads, paying particular attention near the Leisure Centre entrance, where there have been reports of a few recent near misses.





We ask everyone to be especially vigilant when pupils are crossing the road in this area. Your cooperation helps ensure the safety of all our pupils and the wider school community. Thank you for your continued support in keeping our roads safe.



VICHY CHALLENGE

MACMILLAN CANCER SUPPORT

2.4M | 112M | 26.2M

SWIM, BIKE & RUN

DATE: 23 AUGUST 2026

LOCATION: FRANCE

DONATE NOW

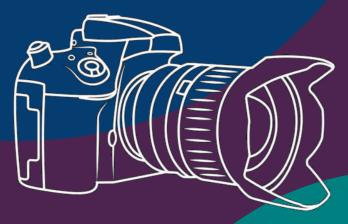
For more information or to make a donation in support of Mr Smith, please visit:

https://www.justgiving.com/ page/university-academylong-sutton-2 UNIVERSITY ACADEMY LONG SUTTON

UNIVERSITY OF LINCOLN

ACADEMY TRUST

SCHOOL PHOTO ORDER REMINDER



Dear Parents/Carers

Have you ordered your school photos yet? A polite reminder that the closing date for free delivery back to school is Thursday 23rd October 2025. Order through the Tempest website using your unique link or visit www.tempest-orders.co.uk

If you need any assistance in ordering your photos, feel free to contact Tempest on 01736 751555 (option 3).





OPEN MONDAY TO FRIDAY, 8:00AM – 4:00PM
PAYMENT ACCEPTED BY CASH OR CHEQUE (PAYABLE TO
UNIVERSITY ACADEMY LONG SUTTON). DEADLINE FOR
PAYMENT: 21ST NOVEMBER 2025.

WEEKLY MENU



EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables



Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY Thursday

Drumsticks served with a range of signature marinades and seasoned rice

WEEK 3

Switch it up with our street food favourites! Ask the team for this week's flavours

MON

Sausage & Homebaked Potato Wedges (VG)

TUE

Mild Chicken Korma with Sweet Potato and Lentils & Mixed Rice (Halal available)

WED

Roast Chicken, Gravy & Roasties with Seasonal Greens and Carrots (Halal available)

THU

FRI

Beef Pasta Bake (Halal available)

Sustainably Sourced Battered Fish & Chips with Beans or Gravy Pasta with choice of Plain, BBQ, Cheese or Tomato & Basil with Garlic Bread (V)

Wok my Way : Shanghai Pork,

Flat Breadz: Chicken Tikka with Tzatziki Dressing & Salad

Chick n Run: BBQ Chicken with Vegetable Rice

Sausage, Chips with Beans or gravy

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day



Hot loaded spuds with a daily range of tasty toppings to fill you up



Literacy Focus w/c 03.11.2025 Commas for 'ing' openers

As part of our whole-school literacy drive, our focus for the week commencing Monday 3rd November will be on using commas for '-ing' openers. Pupils will be revisiting how to begin sentences with an -ing clause, using a comma to separate this introductory phrase from the main clause. For example, "Running down the corridor, Jamie hurried to class." This focus will help pupils vary their sentence openings, add detail, and improve the flow of their writing. Staff will be encouraging pupils to identify, practise, and apply this technique across all subjects, supporting the development of more sophisticated, engaging, and

KS3 Homework Timetables

accurate written work.

Autumn Term 2 - Year 7						
03/11/25	10/11/25	17/11/25	24/11/25	01/12/25	08/12/25	15/12/25
English	English	Revision week	Progress Tests	English	English	English
Maths	Maths			Maths	Maths	Maths
Science	Science			Science	Science	Science
French	Music			Art	French	Music
Geography	DT			History	Geography	DT

Autumn Term 2 - Year 8						
03/11/25	10/11/25	17/11/25	24/11/25	01/12/25	08/12/25	15/12/25
English	English	Revision week	Progress Tests	English	English	English
Maths	Maths			Maths	Maths	Maths
Science	Science			Science	Science	Science
French	Music			Art	French	Music
Geography	DT			History	Geography	DT

Autumn Term 2 - Year 9						
03/11/25	10/11/25	17/11/25	24/11/25	01/12/25	08/12/25	15/12/25
English	English	Revision week	Progress Tests	English	English	English
Maths	Maths			Maths	Maths	Maths
Science	Science			Science	Science	Science
French	Music			Art	French	Music
Geography	DT			History	Geography	DT

School Rebuilding Programme

We are thrilled to share the exciting news that the much-anticipated building works for our school have now officially started and are progressing with remarkable speed!

This marks an incredible step forward for our community, as we work towards creating enhanced facilities that will benefit our pupils, staff and families for years to come.

Below is the link to our Facebook page. Here, you will be able to see a short video of how our new building is developing.

https://www.facebook.com/profile.php?id=61574125806882







UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

MONDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Drama Club with Miss Sharples @ Lunchtime - Main Hall
Year 11 Geography Club @ Lunchtime - HU2 and HU3
Badminton Club KS4 with Mrs Leeper @ Lunchtime - Leisure Centre

English Intervention for Year 11 - Afterschool

TUESDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

KS4 Statistics Revision with Mrs Buckle @ Lunchtime - Maths Dept
Years 7/8 Science Club with Mrs Stone @ Lunchtime - LAB5
KS4 Geography Homework Club @ Lunchtime - HU2 and HU3
Years 8/9 Translation Bee Club @ Lunchtime - FR1
Year 11 Art Intervention @ Lunchtime - ART
KS4 Netball Club with Mrs Green @ Lunchtime - Sports Hall

Science Intervention for Year 11 - Afterschool Years 7/8 Netball Club with Mrs Frost - Afterschool

UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

WEDNESDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Careers Drop in with Mrs Gilman @ Lunchtime - Library
UNO Club all year groups with Mrs Swain @ Lunchtime - HU1
Musical Singing Club all year groups with Mrs English @ Lunchtime - Music
Year 9 Language Leaders Club @ Lunchtime - FR2
KS4 NEA/DT Club with Miss Pickworth/Mrs Moate @ Lunchtime - DT1
Year 1 Art Intervention @ Lunchtime - ART
Basketball Club all year groups with Mr Stewart @ Lunchtime - Leisure Centre

Maths Intervention for Year 11 - Afterschool

THURSDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

Chess Club all year groups with Mrs Cotton @ Lunchtime - Library

KS4 French Clinic @ Lunchtime - FR2

KS3 Lego Club with Mr Edwards/Miss Pickworth @ Lunchtime - DT1
Year 7 Puzzle Club with Mrs Harper @ Lunchtime - LAB3
Badminton Club KS3 with Mrs Leeper @ Lunchtime - Leisure Centre

History Intervention for Year 11 - Afterschool

UALS CLUBS & EXTRA CURRICULAR

Our club offerings are subject to change throughout the academic year.

FRIDAY

Library break and lunchtime - Quiet reading, quizzing, book changes, returns or renewals, homework, revision or colouring.

KS4 Football Club with Mr Smith @ Lunchtime - Leisure Centre

KS3 Maths Club with Miss Thompson - MA3

Lego Builders with Miss Pelka - HU3

Art Intervention for Year 11 - Afterschool

We are proud to offer a wide range of clubs and extra-curricular activities for all pupils, designed to support their interests, develop new skills, and help them reach their full potential. From sports and creative arts to academic support and special interest groups, there's something for everyone to enjoy.