Grab & Go Menu



WEEK ONE	Price
Monday	
Soup of the Day & Roll	£1.10
Thai Spiced Massaman Aubergine Curry & Rice	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Tuesday	
Soup of the Day & Roll	£1.10
Currywurst Quorn Sausages (ve)	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Wednesday	
Soup of the Day & Roll	£1.10
Wholegrain Pizza Panini	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Freshly Baked Jacket Potato (ve)	£1.10
Choice of Fillings:	1 Filling £1.80
Beans	2 Fillings £2.10
• Cheese	
Tuna Mayonnaise	
Thursday	
Soup of the Day & Roll	£1.10
Aubergine Shawarma Flatbreads	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Friday	
Soup of the Day & Roll	£1.10
Pepperoni Pizza & Chips	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Freshly Baked Jacket Potato	£1.10
Choice of Fillings:	1 Filling £1.80
 Beans	2 Fillings £2.10
CheeseTuna Mayonnaise	and the second













Grab & Go Menu



	WEEK TWO	Price
	Monday	
1 XX	Soup of the Day & Roll	£1.10
	Tomato & Basil Pasta Pot (ve)	£2.10
	Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
	, Tuesday	
	Soup of the Day & Roll	£1.10
1	Homemade Falafel, Salad & Tomato Salsa Greek Wrap (ve)	£2.10
	Cheese or Arrabbiata Sauce with Penne Pasta	2.10
	Cheese of Arrabbiata Sauce with Fernie Fasta	2.10
	Wodnosday	
	Wednesday Soup of the Doy & Boll	£ C1 10
	Soup of the Day & Roll	£1.10 £2.10
	American Style Loaded Cheese, Pepperoni & Jalapeno Tart Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
		£1.10
	Freshly Baked Jacket Potato (ve) Choice of Fillings:	1 Filling £1.80
		2 Fillings £2.10
	• Beans 🌳	21 mings 22.10
	• Cheese	3
	Tuna Mayonnaise	
	Thursday	
	Soup of the Day & Roll	£1.10
	Classic Pasta Primavera with Seasonal Vegetables (ve)	£2.10
	Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
	Friday	
	Soup of the Day & Roll	£1.10
	Pepperoni Pizza & Chips	£2.10
	Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
	Freshly Baked Jacket Potato (ve)	£1.10
	Choice of Fillings:	1 Filling £1.80
18 19.20	• Beans 🍕	2 Fillings £2.10
	• Cheese	
	Tuna Mayonnaise	
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Grab & Go Menu



Monday	
Soup of the Day & Roll	£1.10
Green Pesto Penne Pasta	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Tuesday	
Soup of the Day & Roll	£1.10
Cajun Style Dirty Vegetable Rice (ve)	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Wednesday	
Soup of the Day & Roll	£1.10
Thai Green Vegetable Curry & Rice (ve)	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Freshly Baked Jacket Potato (ve)	£1.10
Choice of Fillings:	1 Filling £1.80
• Beans	2 Fillings £2.10
• Cheese	*
Tuna Mayonnaise	
Thursday	
Soup of the Day & Roll	£1.10
Turkish Lentil Kofte Wrap with Tzatziki Dressing	£2.10
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Friday	
Soup of the Day & Roll	£1.10
Pepperoni Pizza & Chips	£2.10 +
Cheese or Arrabbiata Sauce with Penne Pasta	£2.10
Freshly Baked Jacket Potato (ve)	£1.10
Choice of Fillings:	1 Filling £1.80
Beans	2 Fillings £2.10
• Cheese	
Tuna Mayonnaise	











