

UALS Newsletter

22 JULY 2026



Key topics...

Update from the
Acting Principal

Rewards for Pupils

History Project

Young Writers News

Unifrog for Parents/Carers

Ironman Challenge

Understanding Attendance

Year 10 CWA Taster Day

Arbor Parent App Reminder

Laches Wood Year 7 Trip

Wimbledon Trip

Upcoming Dates

Thursday 3 September

All pupils return to school

Thursday 10 September

Virtual Post 16 Talk for Year 11 Parents/Carers

Wednesday 16 September

Year 5/6 Open Evening

Friday 18 September

Year 11 Assembly UAH Apprenticeship Dept

Tuesday 22 September

Online Parents' Carers Apprenticeship Talk

Wednesday 23 September

Cross Country Crowland 4:30pm

Year 11 Big Push Evening

Thursday 24 September

Cuttridge Engineering Trip Year 11 Pupils

Tuesday 29 September

Year 10 Netball Tournament Boston High School
3:30pm

Acting Principal's Update

As we reach the end of the summer term, I would like to take this opportunity to thank our entire school community for your continued support throughout the year. It has been a privilege to serve as Acting Head, and I am incredibly grateful for the kindness, encouragement and understanding shown by our pupils, families and staff.

I would like to pay particular tribute to our dedicated staff team, whose commitment, professionalism and care have ensured that our children have continued to receive the very best opportunities both in and beyond the classroom. Their hard work and unwavering focus on our pupils' wellbeing and success make our school such a special place, and I have been truly grateful for their support throughout the term.

I would also like to thank our parents and carers for the positive partnership we share. Your ongoing support, whether helping with learning at home, attending school events or working with us to support your children, is greatly appreciated.

Together, we have celebrated many achievements this year, and it has been wonderful to see our pupils grow in confidence, resilience and ambition.

As the summer holidays begin, I hope that all of our families have the opportunity to enjoy a well-deserved break, spend quality time together and create many happy memories.

Thank you once again for your continued support of our school. I wish you all a happy, safe and restful summer, and I look forward to welcoming everyone back in September.



Rewards for Pupils

As we reach the end of another successful academic year, I would like to take this opportunity to thank you for your continued support of University Academy Long Sutton (UALS). Your encouragement, partnership and commitment to your child's education have played an important role in helping our pupils achieve their best, and we are incredibly grateful for everything you do.

This week, we celebrated the achievements of our pupils during our End of Year Rewards Assemblies. These assemblies are always a highlight of the school calendar, providing an opportunity to recognise the hard work, commitment and positive attitudes demonstrated by so many of our young people throughout the year.

As part of our rewards programme:

- The two pupils with the highest attendance in each year group each received a £75 Amazon voucher.
- The two pupils with the highest number of achievement points in each year group each received a £50 Amazon voucher.
- Two pupils from each year group were recognised for their exceptional effort and commitment throughout the year, with each receiving a £20 Amazon voucher.

In addition to these awards, we were delighted to reward 50 pupils from every year group with a special movie and Domino's Pizza afternoon in recognition of their outstanding commitment to attendance, achievement and positive contributions to school life.

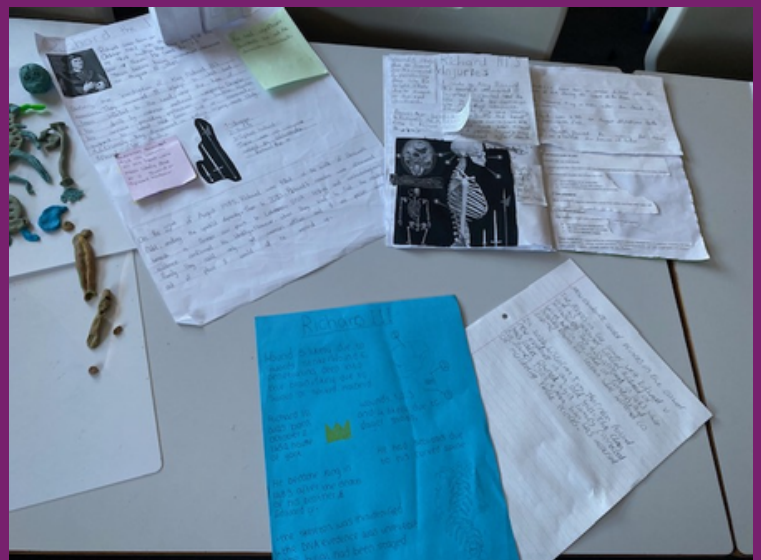
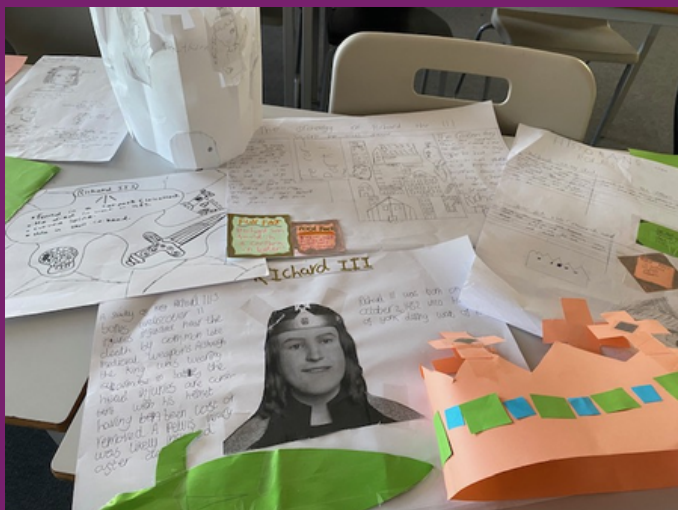
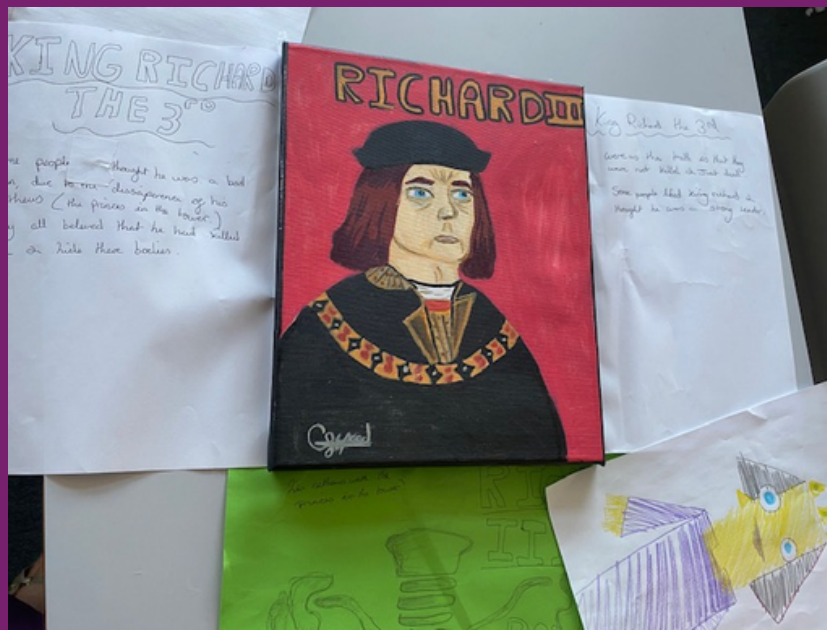
At UALS, we are firmly committed to recognising and celebrating success. We believe that rewarding pupils for excellent attendance, sustained effort, positive behaviour and academic achievement helps to foster a culture where hard work is valued and aspirations are encouraged. We are proud of the many pupils who have demonstrated these qualities throughout the year and look forward to building on this success in the future.

Once again, thank you for your continued support throughout this academic year. We wish all of our pupils and their families a safe, enjoyable and well-deserved summer break, and we look forward to welcoming everyone back in September for another successful year at UALS.

Yours faithfully
Mr Meehan
Senior Teacher of Behaviour and Rewards

Year 7 History Project

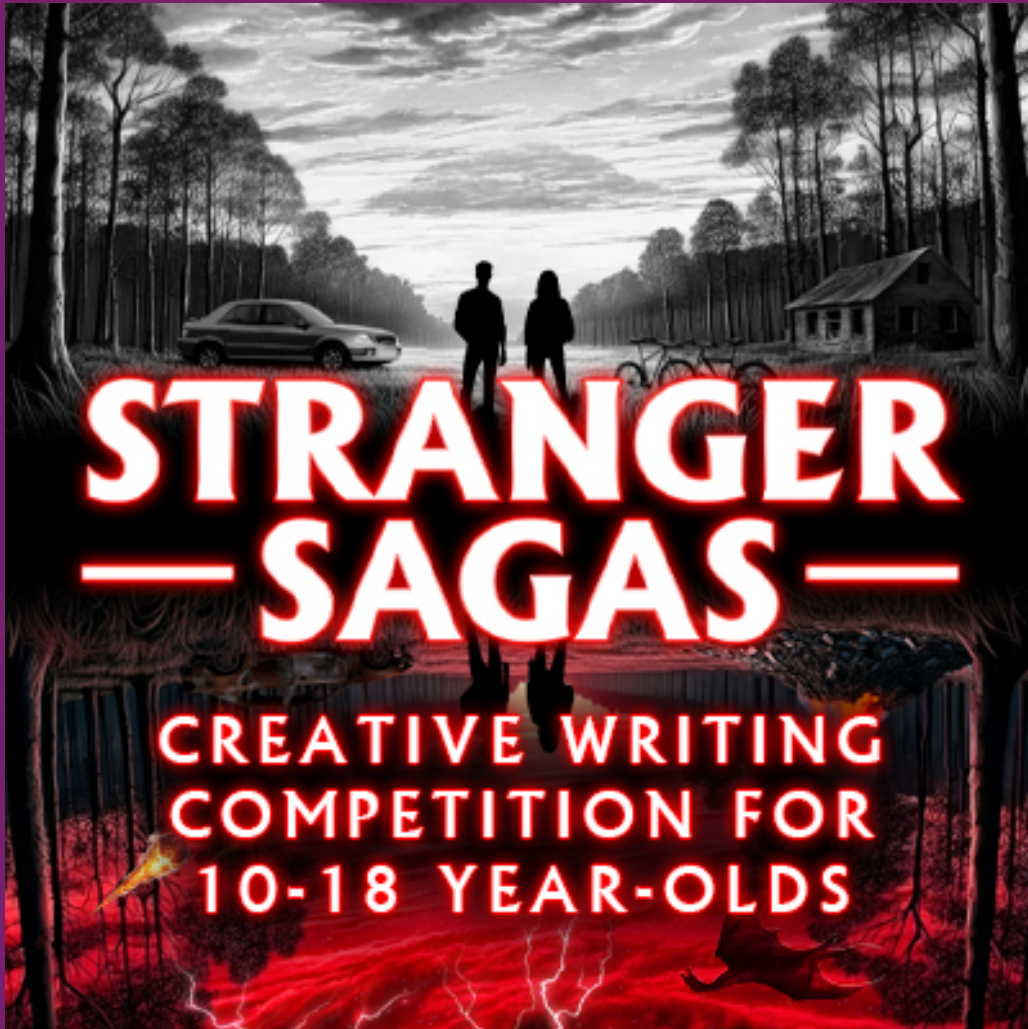
Throughout this term, our Year 7 historians have been immersed in the fascinating world of the Wars of the Roses, culminating in an exciting project exploring the life, reign and enduring mysteries surrounding Richard III. Building on their classroom learning, pupils investigated Richard III's rise to the throne, his role in one of England's most turbulent periods, and the many conspiracies that continue to spark debate among historians today. They explored theories surrounding the Princes in the Tower, examined how Richard's reputation has changed over time, and considered how historical evidence can be interpreted in different ways. Through independent research, discussions and creative presentations, pupils developed their historical enquiry skills while demonstrating curiosity, critical thinking and a real enthusiasm for the subject. It has been wonderful to see the high standard of work produced and the engagement shown by our Year 7 pupils throughout the term.



Young Writers News

Recently, Young Writers released a second anthology of stories related to their writing competition. Five of our students had their stories included.

Well done to Riley B_H, Senudi W, Chloe R, Megan S and Mariana J



This is Mariana's story
The Book

In a quiet corner of my school's library, nestled between comedy's forgotten tales, lay a book like no other. I immediately took it before anyone else could lay their eyes on it. It was the book that was apparently cursed. My friend had it before she disappeared.

As soon as I got home, I opened it. It was just blank, so I kept flipping until I spotted a page with a date and a countdown. My heart froze as I read the last sentence. 'Time of Death.' Imagine you are in this situation, because I am.



IRONMAN VICHY CHALLENGE

2.4M | 112M | 26.2M

SWIM, BIKE & RUN

DATE: 23 AUGUST 2026

LOCATION: FRANCE

DONATE NOW

Wishing Mr Smith the best of luck with the Ironman challenge over the summer holidays! 🎉

Your dedication, hard work, and commitment to supporting Macmillan Cancer Support is truly inspiring.

Good luck — we can't wait to see you cross that finish line!

<https://www.justgiving.com/page/university-academy-long-sutton-2>

FOR PARENTS & CARERS

Unifrog Webinar: Supporting Your Child's Next Steps

A pre-recorded webinar you can watch whenever it suits you.

Please note: the live Unifrog virtual talk planned for Wednesday 1st July was postponed due to the England match. In its place, the Unifrog team has provided this recorded webinar so you don't miss out.

The webinar explains how to use **Unifrog** to support your child as they plan for their future, and gives an overview of the many tools and resources available to both students and parents/carers.

✓ Explore career pathways

Help your child discover careers that match their interests and strengths.

✓ Research opportunities

Look into further education courses and apprenticeship options together.

✓ Make informed decisions

Use Unifrog's tools to compare choices and plan next steps with confidence.

Watch the webinar at a time that suits you

Type the link below into your browser to watch:

<https://drive.google.com/file/d/1A64UW71xgWQp7oFg4St6mmuGT7Qw8P2n/view>

Questions about using Unifrog, or would you like further careers advice or guidance? Please don't hesitate to get in touch.

Jacqui Gilman

Careers Adviser & Work Experience Coordinator

Email: gilmanj@uals.org.uk **Telephone:** 01406 362120

Attendance

Supporting you to understand the new rules



A National Framework for Penalty Notices for school absences, including unauthorised leave of absences in Term Time, is being introduced following changes to the law.

These new government regulations will come into effect from **19th August 2024**.

What are these changes?

If a pupil has **10 unauthorised sessions**, which is equal to **5 school days**, within a **10 week period**, a penalty notice may be issued.

This will come under 3 categories: First, Second, and Third offence.

First Offence



The first time a Penalty Notice is issued for Term Time leave or unauthorised absences the amount will be:

£160 per parent, per child if paid within **28 days**, reduced to **£80** per parent, per child if paid within **21 days**.

Second Offence

The second time a Penalty Notice is issued for Term Time leave or unauthorised absences the amount will be:

£160 per parent, per child to be paid within **28 days**. No reduced rate will be offered.

Third offence and any further offences (within 3 years)



The third time an offence is committed for Term Time leave or unauthorised absences a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates Court.

Magistrates' fines can be up to £2500 per parent, per child. Cases found guilty in Magistrates' Court can show on a Parents future DBS certificate, due to failure to safeguard a child's education.

For any further inquiries about school attendance please visit:
www.lincolnshire.gov.uk/school-attendance

Year 10 College of West Anglia Taster Day

In June, 87 Year 10 pupils attended a highly successful Taster Day at the College of West Anglia, giving them an exciting opportunity to experience college life and explore a wide range of Post-16 courses.

Throughout the day, pupils took part in engaging, hands-on workshops across a variety of subject areas including Construction Trades, Catering, Art and Design, Childcare, A Levels, Photography, Performing Arts, Sport, and many more. The sessions gave pupils a real insight into the different courses available and allowed them to experience the excellent facilities and teaching environment at the college.

The visit was an important part of our careers and transition programme, helping pupils to make informed decisions about their future education and career pathways. Even for those who may choose a different Post-16 destination, the experience provided valuable insight into further education and helped build confidence about the transition from school.

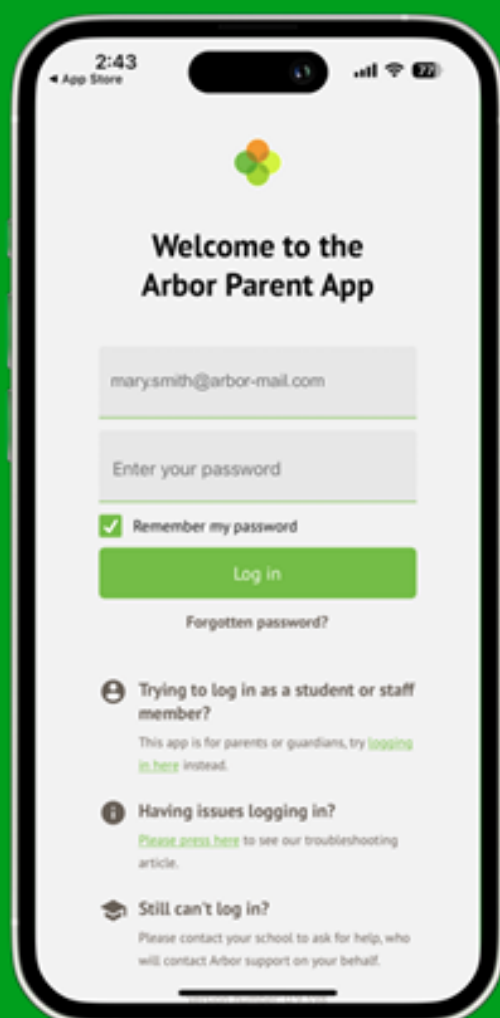
The day was extremely well organised by the College of West Anglia staff, and our pupils represented the school brilliantly. They showed enthusiasm, curiosity and excellent behaviour throughout the visit, making the most of every opportunity on offer.

A big thank you to the College of West Anglia for hosting such an enjoyable and informative day.



We're using the Arbor Parent App! From September

See and manage your child's day-to-day school information. Understand their progress, make payments and bookings, and receive in-app messages - all from one app



Log in in seconds with Face ID

Receive in-app messages and reminders on your phone

Make payments

See your child's progress, attendance, behaviour points

Check your child's calendar, it's always up-to-date

Scan the QR code to download the Arbor Parent App, and use your email address to log in



Laches Wood Year 7 Residential Trip

Thirty-eight Year 7 pupils enjoyed an unforgettable end-of-year residential visit to Laches Wood Activity Centre, where they embraced a wide range of exciting outdoor challenges and team-building activities.

Throughout the residential, pupils participated in canoeing, axe throwing, rifle shooting, high ropes, first aid training, and survival skills. Each activity encouraged them to step outside their comfort zones, develop new practical skills, and demonstrate determination, resilience, and perseverance. Whether navigating the water by canoe, tackling the high ropes course, or learning essential survival techniques, pupils approached every challenge with enthusiasm and confidence.

During the visit, pupils stayed in dormitory accommodation, experiencing life away from home while developing independence and responsibility. They worked together to support and encourage one another, strengthening friendships and demonstrating excellent teamwork and leadership throughout the trip.

The residential provided a fantastic opportunity for pupils to grow in confidence, create lasting memories, and celebrate the end of a successful first year at secondary school. Staff were incredibly proud of the positive attitudes, behaviour, and willingness to embrace every opportunity shown by all who attended.



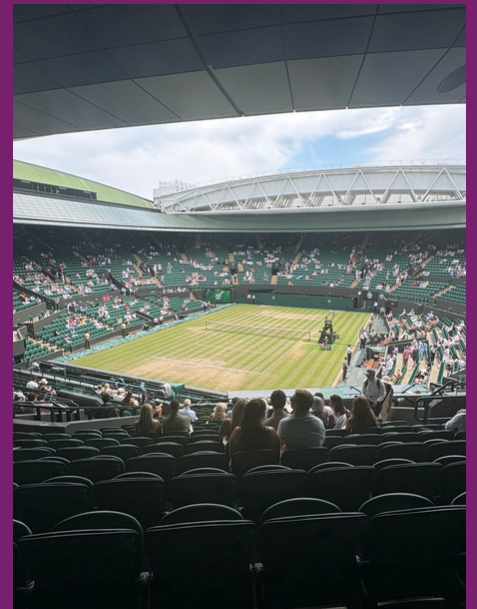
Wimbledon Trip

On Friday 10th July, a group of our Year 7 pupils had the exciting opportunity to experience world-class tennis at the Wimbledon Championships. Having been fortunate enough to secure tickets through the public ballot, pupils enjoyed a truly memorable day at one of the most prestigious sporting events in the world.

During the visit, pupils watched two thrilling women's doubles matches before taking their seats to cheer on the inspirational Alfie Hewett in his wheelchair singles semi-final. Witnessing elite athletes compete at the highest level was a fantastic experience and gave pupils a real appreciation of the skill, determination, and sportsmanship required to succeed in professional sport.

In addition to the tennis, pupils enjoyed exploring the famous grounds of the All England Club, soaking up the unique atmosphere and traditions that make Wimbledon such a special event.

All pupils were outstanding ambassadors for the school throughout the day. Their exemplary behaviour, enthusiasm, and respect reflected our school values and were a credit to both themselves and their families. The trip was a wonderful experience that created lasting memories and inspired many pupils through the excitement of live sport.



SUMMER OF 2026 STEM

THALES



AGE
13+

YOUR **FREE** SUMMER OF WEBINARS!

Join our summer series of STEM challenges, interactive workshops and sessions with the Thales team. Explore exciting careers, build new skills and test your problem-solving abilities.



28 JUL - 18 AUG 2026

TUESDAY 28TH JULY | 11AM

Sam - Project Manager



REGISTER



TUESDAY 4TH AUGUST | 11AM

Julian - Underwater
Systems Technical Director

REGISTER

TUESDAY 11TH AUGUST | 11AM

Addi - Software Engineer



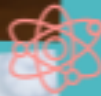
REGISTER

TUESDAY 18TH AUGUST | 11AM

Megan - AI Engineer



REGISTER



Brought to you by



Join every session for the chance to have your challenge entry featured the following week!



the ZONE



AIRCLAD (X)

The Zone – the award-winning pop-up youth space for 11–18s, is landing in Hall Place, Spalding this summer!



There's something for everyone at *The Zone*. And the best bit? It's all **FREE**.

From laidback hangouts and creative sessions with pro artists to gaming, cosy book corners and big summer energy – you decide how to spend your time.

Drop in with your mates, meet new people, try something different – or just hang out for a bit. No pressure. No need to book.

Everything at *The Zone* has been shaped with young people to create a space where you can feel welcome, relaxed, and completely yourself.

The Zone is your place to chill, create and be you this summer.



Hall Place, Spalding, PE11 1SA

25th – 29th August 2026

Open Tuesday to Saturday:
11am – 5pm



Find out more and register for **FREE**
getinthezone.uk

Developed by



AIRCLAD (X)



Brought to
Spalding by



Public funding from



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Football Interest for Sutton Bridge

Sutton Bridge Parish Council is keen to hear from local families about football opportunities for young people in the village.

If your child would be interested in playing football or learning to play, we would be grateful if you could take a few minutes to complete the survey. Your feedback will help support the development of future sports facilities and opportunities in Sutton Bridge.

Thank you for your support.

<https://forms.office.com/Pages/ResponsePage.aspx?id=y3CderLlfkyUBGGMK7hTbSnAGn3hTzFHq3irr2cnbwZUNDFVSTEzVEJBRUdKTUFGTTFSOFdKSzg5Ni4u>



NHS

Choose Well for your child this summer

Sore throat, cuts and grazes?  Treat at home

Mild tummy troubles or mild fever?  See a pharmacist

Non-urgent ongoing illnesses or injuries?  Contact your GP

Not sure where to go or what to do?  Visit 111.nhs.uk or call 111

Rashes, bumps or minor injuries?  Visit an Urgent Treatment Centre

Choking or serious illness?  Go to A&E or call 999

<https://lincolnshire.icb.nhs.uk/choosewell>

The infographic features a light blue background with a large yellow sun and a colorful beach ball on the right side. The text is arranged in a vertical list of colored boxes, each with a corresponding icon and a recommendation.

CHOOSE WELL THIS SUMMER



Self Care

Stock up your medicine cabinet with essentials for seasonal illnesses including flu remedies, cough mixture and pain relief.

Think Pharmacy First

For advice and treatment for most common conditions, simply walk in, no appointment needed.

GP Services

Symptoms that aren't going away? Contact your GP practice for help and advice.

NHS 111

If you're not sure what medical help you need and it's not a life-threatening emergency, NHS 111 can help you get the right care.

Urgent Treatment Centre

Treatment for sprains and strains, bites or stings and feverish illness in adults and children.

WaitLess

The WaitLess app combines current waiting time, queue numbers and travel-time at urgent care services.

Dental Treatment

You can access dental treatment by booking with your usual dentist or calling NHS 111 for urgent appointments.

Mental Health Crisis

Call NHS 111 and choose option 2 to speak to a mental health professional.

NHS App

The NHS App makes it easy to manage your health and access NHS services quickly.

Call 999 for medical help if someone is seriously ill or injured, or if their life is at immediate risk. For example, severe chest pain, difficulty breathing, or heavy bleeding.

For more information visit lincolnshire.icb.nhs.uk/choosewell

