

UALS Newsletter

11 SEPTEMBER 2026



Upcoming Dates

Wednesday 16 September

Year 5/6 Open Evening

Friday 18 September

Year 11 Assembly UAH Apprenticeship Dept

Tuesday 22 September

Online Parents' Carers Apprenticeship Talk

Wednesday 23 September

Cross Country Crowland 4:30pm

Year 11 Big Push Evening

Thursday 24 September

Guttridge Engineering Trip Year 11 Pupils

Tuesday 29 September

Year 10 Netball Tournament Boston High School
3:30pm

Friday 2 October

Cross Country 10am Crowland

Tuesday 6 October

The Royal Navy Engagement Team Confidence and
Team Building workshops with Year 8

Key topics...

Welcome from the
Principal

Welcome to our Year 7
Pupils

Year 11 Big Push
Evening 23.09.2026

Clubs for Term 1

Competition Time!

Whole School Photo Day

Ironman Challenge

ADHD Conference

Understanding Attendance

Arbor Parent App Reminder

Principal's Welcome

It has been a real pleasure to begin the new academic year as Principal of University Academy Long Sutton, and I would like to thank pupils, parents and carers for the warm welcome I have received. I have particularly appreciated the many kind words and messages from families over the past few weeks.

We have made a positive start to the year. Pupils have returned with a strong sense of purpose, attendance has started encouragingly and we are already seeing greater consistency in the routines and expectations that underpin successful learning. Our summer results also showed some areas of improvement, although we are very clear that there is more work to do and that our ambitions for the Academy are much higher.

My focus is simple: high expectations, strong teaching, excellent attendance and behaviour, and ensuring that every pupil feels known, supported and able to succeed. We will continue to act quickly where improvement is needed, while also making sure we recognise and celebrate the many things that pupils and staff do well every day.

The support of parents and carers will be a vital part of that journey. I look forward to working closely with you over the year ahead as we continue to build an academy that our pupils, families and wider community can be proud of.

Mr S Alam
Principal



Welcome Year 7 Pupils

A very warm welcome to all our new Year 7 pupils and their families as we begin an exciting new academic year.

Starting secondary school is a significant milestone and we are delighted to welcome you into our school community.

Over the past few days, I have already been impressed by the enthusiasm, positivity and resilience shown by our new students as they settle into their new surroundings, make new friendships and embrace the opportunities ahead.

Year 7 is a time of growth, discovery and achievement. There will be many exciting experiences throughout the year, both inside and outside the classroom and we encourage every student to get involved, work hard and make the most of everything our school has to offer.

As Head of Year 7, I am committed to ensuring that every student feels supported, valued and encouraged to reach their full potential. My team and I are here to help pupils navigate this important transition and to ensure they feel happy, safe and successful throughout their journey.

I would also like to thank parents and carers for their support during this transition. Working together, we can help our young people flourish and develop into confident, responsible and successful members of our school community.

I look forward to celebrating the many achievements and memorable moments that lie ahead for Year 7 this year.

Mr L Kettlewell
Head of Year 7





UNIVERSITY ACADEMY
LONG SUTTON



UNIVERSITY OF
LINCOLN

YEAR 11 BIG PUSH EVENING 23.09.2026

Join us for an important evening for Year 11 parents and carers, with key information, expectations and practical revision guidance from our Principal and English, Mathematics and Science leaders. Together, let's make every day count and support our students to achieve their best!

Please confirm your attendance using
the Google Form:
<https://forms.gle/8dKFWHaw15iUSM2GA>



PE & SPORTS TIMETABLE

GET ACTIVE • GET INVOLVED • BE YOUR BEST



MONDAY

Activity	Time	Teacher
 Fitness Suite KS3	Lunch	Mr Wheeler



TUESDAY

Activity	Time	Teacher
 Fitness Suite KS4 Boys	Lunch	Mr Smith
 Trampolining	Lunch	Mrs Green
 Basketball	Lunch	Mr Stewart
 Sports & Coaching IT3	After School	Mrs Green
 Year 8 Football	After School	Mr Wheeler



WEDNESDAY

Activity	Time	Teacher
 KS3 Netball	Lunch	Mrs Green



FRIDAY

Activity	Time	Teacher
 Sport & Coaching IT3	Lunch	Mrs Green



THURSDAY

Activity	Time	Teacher
 Fitness Suite KS3 Girls	Lunch	Mrs Frost
 Football KS4	Lunch	Mr Smith
 Badminton KS4	Lunch	Mr Wheeler
 Year 7 Football	After School	Mr Wheeler / Mr Smith

SPORT
BUILDS
CONFIDENCE



TEAMWORK | RESPECT | PROGRESS



TRAMPOLINING CLUB

LEARN
IMPROVE
ACHIEVE



UALS

For Years 7 - 11



WHEN?

**Tuesday
Lunchtime**



WHERE?

**Activity
Studio**



WHO CAN JOIN?

**Open to
everyone**



WHAT TO BRING?

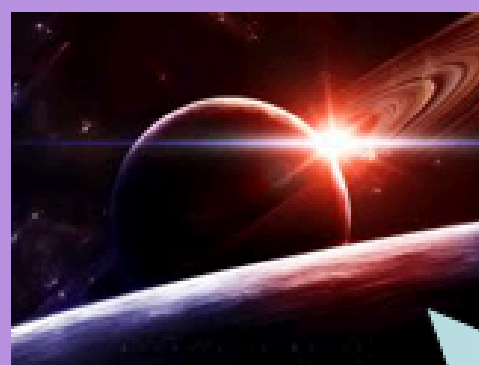
**PE kit, including
trainers**

**ALL
ABILITIES
WELCOME**



**BOUNCE
YOUR WAY
TO SUCCESS**





UALS Science Club

**Thursday
Lunchtime**

12:40-13:15

SC04

Want to know more?

Speak to Mrs. Stone

**Are you in year
7 or 8?**

**Do you want to
know more about
the world around
you?**

**Do you want to
have fun with
science and gain
new skills?**

**Come along to SC04!
Helpers from year 9
and 10 are welcome**



UNITE

POETRY COMPETITION

What are **YOU** passionate about?

Poetry gives us a chance to share our ideas, celebrate what matters to us and bring people together.

For this year's UNITE Poetry Competition, we want you to explore what being united means to you.



You could:



Write about something you are passionate about



Show how poems can create a feeling of connection



Imagine what a united world might look like



Consider what we can achieve when we work together



Celebrate the people, places, cultures or things that matter to you

So many possibilities —
let your imagination lead the way!



Hand-in date:
Friday 16th October 2026



Visit the Library Resource Centre
for more information and entry form.



There are
prizes to be won!



Your poem may
even be **published!**

Competition Rules

- 1 Your poem must be your own work.
- 2 You can use any poetic style or techniques.
- 3 Poems must be no longer than 80 lines.
- 4 Your work can be handwritten, typed or an adult can scribe for you, where needed.
- 5 Only one entry per pupil.

Good luck —
and **UNITE** through
poetry! ♥



A Huge Congratulations to Mr Smith!

We are incredibly proud to share that our very own Mr Smith has completed the IRONMAN Vichy challenge in France, raising an amazing £890 for Macmillan Cancer Support along the way! Taking place on 23rd August 2026, this incredible challenge required Mr Smith to complete:

 3.8km swim
 180km bike ride
 42.2km run

That's a staggering 226km in total!

Mr Smith completed the challenge in an incredible 12 hours and 50 minutes, demonstrating an outstanding level of determination, commitment and resilience.

We are extremely proud of his achievement and the dedication he has shown throughout his training and on the day. His efforts have not only raised a fantastic amount for such a worthwhile cause, but he has also been a wonderful ambassador for our school and a fantastic role model for our pupils.

A huge well done, Mr Smith! Your achievement is something the whole school community can be incredibly proud of!

The JustGiving page is still live, so if you would like to support Mr Smith and help him raise even more for Macmillan Cancer Support, donations are still very welcome - <https://www.justgiving.com/page/university-academy-ironman-23-august-2026-65610>





UNIVERSITY ACADEMY
LONG SUTTON

*A brighter
tomorrow
starts here...*

PUPILS | FAMILIES | COMMUNITY



WHOLE SCHOOL PHOTO DAY

— WEDNESDAY 7TH OCTOBER —



PHOTOGRAPHS BY
TEMPEST[®]
PHOTOGRAPHY



FULL SCHOOL UNIFORM IS REQUIRED

Be ready • Be yourself • Be proud

IF YOU HAVE ANY QUESTIONS, PLEASE SPEAK TO
A MEMBER OF THE SCHOOL OFFICE TEAM.



AMBITION
BE THE BEST WE CAN BE



INCLUSION
A PLACE FOR EVERYONE



INTEGRITY
DO THE RIGHT THING



30

THEN AND NOW

30 Years of ADHD Lincs

A FULL DAY CONFERENCE EXPLORING THE PAST, PRESENT AND FUTURE OF ADHD UNDERSTANDING AND SUPPORT. THROUGH KEYNOTE TALKS, PANELS LIVED EXPERIENCE AND REFLECTION, THE DAY EXAMINES HOW ATTITUDES AND DIAGNOSIS HAVE CHANGED, THE CHALLENGES FACED TODAY AND WHAT ADHD Lincs IS BUILDING NEXT. A THOUGHTFUL, INCLUSIVE EVENT FOR PROFESSIONALS, INDIVIDUALS, FAMILIES AND ADVOCATES.



SPEAKERS: BILL COLLEY, PROF. SAMUELE CORTESE,
ANDREA BILBOW OBE, LISA MANGLE, SHARON TAYLOR

WHITE HART HOTEL, LINCOLN

16 OCT 2026

9AM-5PM

BOOK VIA EVENTBRITE AT:
[TINYURL.COM/THENANDNOWCONF](https://tinyurl.com/thenandnowconf)

Attendance

Supporting you to understand the new rules



A National Framework for Penalty Notices for school absences, including unauthorised leave of absences in Term Time, is being introduced following changes to the law.

These new government regulations will come into effect from **19th August 2024**.

What are these changes?

If a pupil has **10 unauthorised sessions**, which is equal to **5 school days**, within a **10 week period**, a penalty notice may be issued.

This will come under 3 categories: First, Second, and Third offence.



First Offence

The first time a Penalty Notice is issued for Term Time leave or unauthorised absences the amount will be:

£160 per parent, per child if paid within **28 days**, reduced to **£80** per parent, per child if paid within **21 days**.

Second Offence

The second time a Penalty Notice is issued for Term Time leave or unauthorised absences the amount will be:

£160 per parent, per child to be paid within **28 days**. No reduced rate will be offered.



Third offence and any further offences (within 3 years)

The third time an offence is committed for Term Time leave or unauthorised absences a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates Court.

Magistrates' fines can be up to £2500 per parent, per child. Cases found guilty in Magistrates' Court can show on a Parents future DBS certificate, due to failure to safeguard a child's education.

For any further inquiries about school attendance please visit:
www.lincolnshire.gov.uk/school-attendance



Arbor Parent App

SIMPLE | SECURE | CONNECTED

Everything
you need in
one place ♡

Stay
informed
Support
your child
Succeed
together ♡

Download the Arbor Parent App

STAY CONNECTED
WITH YOUR CHILD'S SCHOOL



View attendance

Check your child's attendance
in real time.



See important information

Access letters, messages
and school updates.



Keep track of key dates

View term dates, events



Monitor progress

See achievement and behaviour
updates (where applicable).



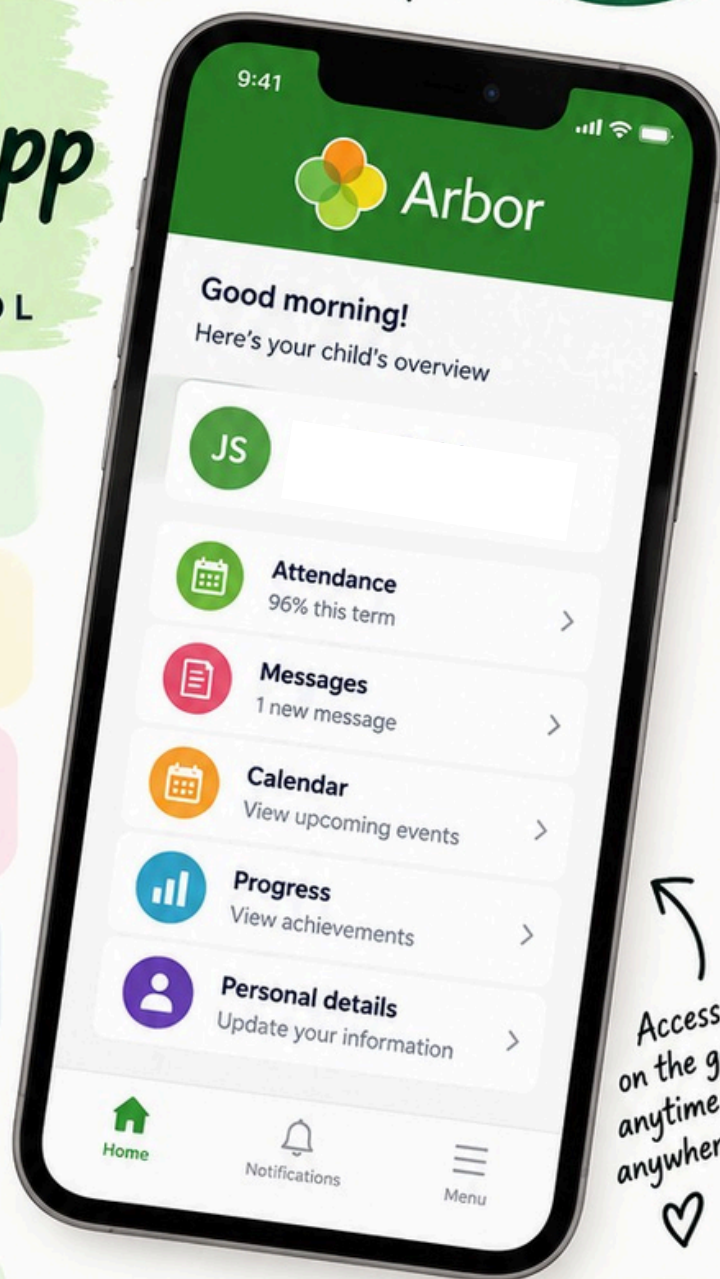
Update your details

Keep your contact information
up to date easily.



Receive notifications

Get important alerts and
messages straight to your phone.



Access
on the go
anytime,
anywhere ♡

A stronger
school community
together ♡

Download today!



Scan the QR code
to download the app



Download on the
App Store



GET IT ON
Google Play

If you haven't received your Arbor link, please contact Main Reception.



UNIVERSITY ACADEMY
LONG SUTTON

*A brighter
tomorrow
starts here...*

YEAR 5/6 OPEN EVENING

— ALL WELCOME —

We are excited to welcome prospective pupils, families and our wider community to our Open Evening.



WEDNESDAY
16TH SEPTEMBER 2026
5.30pm – 7.30pm



PRINCIPAL'S SPEECHES
6:00pm and 7:00pm



Explore our vibrant learning community



Meet our dedicated staff and discover the exciting opportunities we offer



Get a first look at our new state-of-the-art building as it takes shape!

**LEARN
BELONG
ACHIEVE**



PLEASE NOTE: Parking is limited due to construction, so consider carpooling or walking where possible.

WE CAN'T WAIT TO WELCOME YOU!



AMBITION
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INCLUSION
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DO THE RIGHT THING

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